

UNIVERSITY OF NAIROBI
COLLEGE OF HEALTH SCIENCES
SCHOOL OF NURSING SCIENCES
BScN: TEACHING SCHEDULE
HNS 305: MENTAL HEALTH & PSYCHIATRIC NURSING
08.02.16 – 22.04.16

WEDNESDAYS: 2 - 5.00 P.M: FRIDAYS: 8 - 11.00 A.M VENUE: BScN 3 CLASSROOM						
WK	DATE	HRS	TOPIC:MENTAL HEALTH AND PSYCHIATRIC NURSING PRACTICE			
Feb 1	10/2 WED	3	1 st hour	2 nd hour	3 rd hour	LECTURER M.WAGORO
			Review of the nervous system	Review of developmental psychology	Concepts in mental health & psychiatric nursing-mental health & illness; Distress and coping mechanisms	
	12/2 FRI	6	Concepts in mental health & psychiatric nursing <ul style="list-style-type: none"> • mental health & illness • Distress and coping mechanisms 	Principles of mental health nursing practice Application of Nursing process & Roy's conceptual model	Therapeutic and non- therapeutic communication techniques Nurse-patient Interpersonal relationships	
TOPIC:LEGAL AND ETHICAL CONTEXTS OF MENTAL HEALTH AND PSYCHIATRIC NURSING						
2	17/2. WED	9	Mental Health Act- Objectives of the Act Structure of mental health services in Kenya Admissions, discharges	Criminal procedure code and prisons Act- admissions and discharges	Crime and mental disorders The mentally ill patient and the criminal justice system	M.WAGORO
	19/2 FRI	12	The nurse and the legal system	Patient's rights within the MHA and mental health care system	Ethics in psychiatric and mental health nursing	
3	APPROACH TO PSYCHOPATHOLOGY, SYMPTOMATOLOGY AND PATIENT ASSESSMENT					
	24/2 WED	15	Approach to psychopathology and psychiatric symptomatology	Approach to psychopathology and psychiatric symptomatology	History taking and interviewing techniques	MR.A. AYIEKO
	26/2 FRI	18	Mental status examination	Mental status examination	Physical examination and Diagnostic investigations	
4	CLASSIFICATION OF MENTAL DISORDERS;THERAPEUTIC MODELS AND FRAMEWORKS OF CARE					
	2/3 WED	21	International Classification systems for mental disorders-ICD &DSM	Therapeutic models of care-Physical- ECT & psychopharmacology -Sociological models	Therapeutic models of care <ul style="list-style-type: none"> • Psychological therapy • Occupational Therapy • Rehabilitation 	MR.A. AYIEKO
	4/3 FRI	24	Substance-related and addictive disorders	Substance-related and addictive disorders	Personality disorders	
JUNE 5	DIAGNOSIS AND MANAGEMENT OF MENTAL DISORDERS					
	9/3 WED	27	Neurodevelopmental Disorders	Neurodevelopmental Disorders	Disruptive ,impulse-control and conduct disorders	DR.J.MWAURA
	11/3 FRI	30	Disruptive ,impulse-control and conduct disorders	Feeding and eating disorder	Elimination Disorders	

6	16/3 WED	33	CAT 1			M.WAGORO
	18/3 FRI	36	Sexual dysfunctions	Paraphilic disorders	Gender dysphoria	DR.J.MWAURA
7	23/3 WED	39	Neurocognitive disorders	Neurocognitive disorders	Sleep and wake disorders	MR.A. AYIEKO
	25/3 FRI	42	GOOD FRIDAY			
8	30/3 WED	45	Dissociative Disorders	Somatic Symptom and Related Disorders	Somatic Symptom and Related Disorders	DR.J.MWAURA
	1/4 FRI	48	Anxiety Disorders	Obsessive-Compulsive and Related Disorders	Trauma and stress related disorders	DR.J.MWAURA
9	6/4 WED	51	Schizophrenia spectrum and other psychotic disorder	Schizophrenia spectrum and other psychotic disorder	Schizophrenia spectrum and other psychotic disorder	M.WAGORO
	8/4 FRI	54	Bipolar and related disorders	Bipolar and related disorders	Bipolar and related disorders	M.WAGORO
10	13/4 WED	57	Depressive Disorders	Depressive Disorders	Depressive Disorders	M. WAGORO
	15/4 FRI	60	REVISION			
11	20/4 WED	63	CAT 2			
	22/4 FRI	66	COURSE –THEORY EVALUATION,CLINICAL AREA, CONDUCT & OBJECTIVES			

PLEASE NOTE

- All Lectures and Assignments are Compulsory
- CATs and Assignments Constitute 30% of the Total Course Marks
- End of Year Exams Constitute 70%

Recommended Books-Where available use the most current editions

American Psychiatric Association (2013). *Diagnostic and Statistical Manual of Mental Disorders* (Fifth ed.). Arlington, VA: American Psychiatric Publishing ISBN 978-0-89042-555-8

Townsend, M.C. (2011) *Nursing Diagnosis in Psychiatric Nursing; Care plans and psychotropic medications* (8th Ed.). Philadelphia.F.A. Davis

Varcarolis, E. M. & Halter, M. J. (2012). *Essentials of Psychiatric Mental Health Nursing: A Communication Approach to Evidence Based Care*, (6th ed.)New York. Elsevier Health Sciences.

Prepared By: Miriam C.A.Wagoro
Course Coordinator

Signature.....

Date: 2nd February,2016

Approved By Dr.S.Kimani
Head Med/Surg Thematic Unit

Signature.....

Date:

CC Head,Med-Surg Thematic Unit
Dr.J. Mwaura
Mr.A.Ong'any Ayieko
Director, School of Nursing Sciences
Class representative
School Notice Boards